

THE 102: Movement for the Actor

Movement for the Actor is an introductory course designed to explore a variety of movement and breath techniques as related to the craft of Acting. Course objectives include facilitating the development of an effective actor warm-up process and strengthening the student actor's body by building core muscles, improving flexibility, physical endurance, and breath support. Required for Theatre majors.

Credits: Credits 1

Semester Offered:

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Offered spring semester, even-numbered years.